Healthtrax

MAINTAIN DON'T GAIN

WCPSS EMPLOYEES

NOV 9 - JAN 3



YOUR CHALLENGE :

8-WEEKS • REAL RESULTS • HOLIDAY ACCOUNTABILITY

*Enjoy the holidays, stay active, and finish no more than **2 pounds** above your starting weight.*

$400
IN PARTICIPANT VALUE

$29
PROGRAM FEE

Includes **8 weeks** of Healthtrax access, expert support, and more.

Current Healthtrax members participate at no additional cost.

Initial wellness assessment and goal setting. → 8 weeks of Healthtrax access to keep you moving. → Fitness professionals, challenge sessions, resources and more. → Final assessment, review your progress, and celebrate!

OVER $1,000 IN PRIZES!



$500 CASH

$500 NUTRE GIFT CARD



HUME BAND OR HUME POD

1-YR HEALTHTRAX MEMBERSHIP

+ MORE!

TESTIMONIAL

"I can do things I didn't know I could do."
— Healthtrax Wellness Challenge Participant

8300 HealthPark Raleigh, 27615

REGISTER BY NOVEMBER 9TH >>

SCAN CODE OR VISIT
healthtrax.com/mdg

*Open to employees/members 18+ of participating organizations. Existing Healthtrax membership dues and billing schedules remain unchanged. Winners selected at random from eligible participants that have completed their check-in/out appointments. Additional entries may be earned through active participation and final results. Amenities and programs vary by location.